

## Eggy Bread

### Ingredients

1 medium egg  
1 x 15ml spoon semi-skimmed milk  
1 slice bread

1 tblsp oil

### Optional to serve

Selection of fruit (e.g. grapes, banana, strawberries, apple)

150ml natural yoghurt

1 x 15ml spoon clear honey

Or something savoury!

### Notes

- **Don't forget your aprons.**
- **Check allergies of consumer before serving**

### Method

- Beat the egg and milk together and soak the bread in it.
- Place the bread on a grill pan lined with baking paper and place under a preheated grill or in a frying pan, cook for 2-3 minutes each side until golden.
- Meanwhile, prepare any fruit.
- Drizzle yoghurt with the honey and serve with the eggy bread and fruit.



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