



Allenbourn Middle School
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Headteacher: Mr M Legge B.Ed (Hons) NPQH

18th March 2024

Dear Parents/Guardians

I just wanted to inform you that Pupils in Year 8 will be starting lessons about **Identity and Relationships** within their PSHCE curriculum next term. These lessons are very much geared towards Year 8, to ensure that every child is being provided with the appropriate knowledge and understanding required. It is the aim of the Government and the Local Authority to ensure that children are well versed with this area of their education. It is felt, through evidence, that those children who have a greater understanding can make positive choices in the future.

The purpose of Relationship and Sex Education (RSE) in Key Stage 3 is to develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

The RSE programme has been developed through collaboration across the Wimborne Academy Trust, using guidance from the National Curriculum, Ofsted and the PSHCE Association. All teaching materials are appropriate to the age and emotional maturity of the pupils and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

Please find below a brief outline of the lesson content.

Key Learning:

- ☐ Recognise that there are multiple gender identities and sexual orientations.
- ☐ Explain how FGM is in contradiction with human rights.
- ☐ Explain how forced marriage is in contradiction with human rights.
- ☐ Identify the risks of 'sexting' and how to manage requests or pressure to send an image.
- ☐ Identify basic forms of contraception, e.g. condom and pill.

Prior Learning:

Y7 - Safety and building relationships.

Future Learning:

Y9 - Peer influence, assessing risk and managing influences.





You are most welcome to contact me to discuss the programme, dates of specific lessons or to view any of the teaching materials used.

Parents can withdraw their child from all or part of the RSE programme that does not form part of the statutory National Curriculum. If you wish to withdraw your child, please contact your child's form teacher.

For further information, please read the RSE policy found on the school website.

Yours sincerely

A handwritten signature in black ink, appearing to be 'L Smith', written over a light blue background.

Mr L Smith
Deputy Headteacher