

18th January 2023

Dear Parent/Carer

I am writing to you on behalf of the PE department to say how much we are enjoying working with your child(ren) and what a fabulous start they have made in their first term at Allenbourn. We have also been hugely encouraged to see so many keen to be involved in extracurricular clubs and are look forward to seeing more take up the opportunities on offer throughout the year.

As part of the PE Curriculum we aim to offer Year 5 pupils the opportunity to take part in swimming lessons and we are pleased to inform you that all Yr 5 pupils will have a chance to swim this year free of charge.

We are extremely lucky that QE School are allowing us to use their pool for our lessons and we will use the AMS minibuses for travel.

Swimming lessons will take place during **one** of your child's PE lessons, with **5M and 5W** swimming **this term**, and **5J and 5G** in the **Summer** term.

5J will swim on a Wednesday commencing 25th January 2023.
5W will swim on a Friday commencing 27th January 2023.

For the two classes swimming this term, the arrangements are as follows.

Pupils will leave Allenbourn at 10am and be driven to QE by the school minibus. They will take part in a 30 minute lesson and then return to school during break.

Please complete the form you have been sent on ParentMail by Friday 20th January to allow your child to participate.

When swimming, your child will need to bring with them a towel and swimming costume. As a guide: Girls: a one-piece costume; close fitting leotards and footless tight may also be worn where normal swimwear is not appropriate for religious/ cultural reasons. Boys: trunks or swim shorts. Shorts should have a lining and be no longer than mid thigh, long, baggy shorts should be avoided as they can cause drag and be difficult to swim with. Goggles and or swim hat can be worn if it helps your child to feel more comfortable in the water. They will also need a plastic bag in which to carry their swimming kit.

If you have any queries about the above then please do not hesitate to contact me (sdarragh@allenbournmiddle.org) or your child's form tutor.

Yours sincerely

Mrs S Darragh
PE Coordinator